



Family Care Home

2026

Qualification

Manual

A premium planning guide for safe, compliant, and welcoming home-based care.

[THEELDERCAREEXPERT.COM/STARTACAREHOME](https://theeldercareexpert.com/startacarehome)

# Introduction

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**Interested In Building From The Ground Up?**

**TheElderCareExpert.com**

**This manual provides a professional overview of the key factors involved in creating a family care home.**

**It is designed to help owners, families, and operators understand the practical requirements that support comfort, safety, and quality care.**

## **North Carolina Family Care Home Checklist.**

**The intention behind this service guide is to provide a transparent, comprehensive overview of what is needed to turn your home into a family care home. We firmly believe that an informed client is an empowered one, and we've crafted this document with that sentiment in mind.**

**Whether you're engaging with our services for the first time or you've returned to work with us again, this guide is designed to answer your questions, clarify our offerings, and ensure every interaction you have is seamless and insightful.**

# Ideal Home

3 Bed 2 Bath Homes A Great Fit.

03

The most effective family care homes balance livability and compliance.

A three-bedroom, two-bath home often works well when the bedrooms, bathrooms, hallway flow, and common space are arranged with resident needs in mind.

Family care homes generally serve up to six residents, so thoughtful planning is essential. The right layout can improve comfort, safety, and the overall quality of life for both residents and caregivers.



Floor Space At Least 2500 Square Feet.

Sq Ft. Exceptions Are Common.

## Checklist

### 01. Bedroom Size

Smallest Room For One Person  
Shall Be No Less than 10x10

Smallest Room Holding Two People  
Should Be No Less Than 16x14



### 02. Living Rooms

At Least 200 Square Feet

### 03. Dining Rooms

At Least 120 Square Feet

### 04. Kitchen & Dining Room Mix

Must Have Work Space Area 5 Feet  
Wide In Front Of Kitchen

### 05. Bath Rooms & Toilets

Accessible To The Physically  
Handicapped As Required By  
Building Code. Hand Grips Installed  
At All Commodes, Tubs, Showers.

### 06. Doors

Minimum Width Of 2ft 6in In  
Kitchen, Dining Room, Living  
Rooms, Bedrooms And Bathrooms.

# Quick Basics

Everyone Still Loves To Have Fun.

04

## Open Floor Plans.

Keep in mind most seniors are very active.

Make sure you have space that can be converted for games, exercise, and, work shops.

People are living beyond 80 and just need a warm caring place to stay they can feel at home at.



## Checklist

### 07. Ceilings

Ceilings Shall Be At Least Seven  
And One Half Feet From The Floor.



### 08. Personal Space

A Minimum Of 80 Sq Ft For Each Person

### 09. Bedroom Closets Or Wardrobes

Large Enough To Provide Each  
Resident With A Minimum Of 48 Cubic  
Feet Of Clothing

### 10. Bedrooms

Shall Be Located On An Outside  
Wall And Off A Corridor.

### 11. Windows

Should Be Low Enough To See  
Outdoors From The Bed And Chair  
With A Maximum 36 Inch Sill  
Height

### 12. Windows

Windows Should Be Operable.

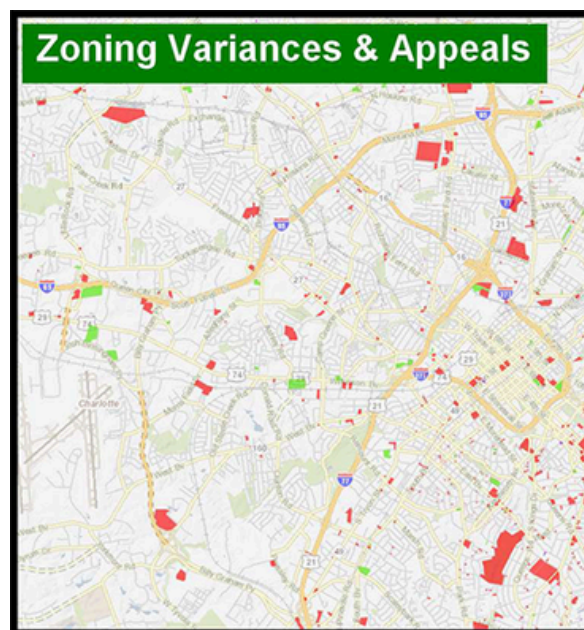
# Quick Basics

## Location Location Location

**Some States And Counties May Have A Limit On The Proximity Of Senior Care Homes To Others.**

**G.S. 160D-907(c) allows zoning regulations to require a half-mile separation between family care homes.**

**This Also May Be Reviewed On A Case By Case Basis.**



## Checklist

### 13. Basements & Attics

**They Can Not Be Used For Storage Or Sleeping.**



### 14. Accessibility

**The site shall be accessible by streets, roads and highways and be maintained for motor vehicles and emergency vehicle access**

### 15. Room Access

**A room where access is through a bathroom, kitchen or another bedroom shall not be approved for a residents room**

### 16. Corridors

**Each home shall have at least one bathroom opening off the corridor**

# Administrator

06

**Felton Wooten**



**A family care home administrator oversees the day to day operations of a small care home for up to 6 residents, ensuring a safe, nurturing environment.**

**Their responsibilities include managing staff, coordinating care plans, and complying with regulations to maintain the health, well-being, and satisfaction of residents.**

## Accomplishments & Steps

- 01. Top 10% Of Administrators In The USA**
- 02. Educator In The Assisted Living Facility Environment**
- 03. Administrator Of The Year Award North Carolina**
- 04. Has Managed Nursing Homes From 120 To 450+ Units.**
- 05. Preceptor In Both The Assisted Living Facility And Family Care Home Space.**
- 06. Several Deficiency Free Surveys Judged From A 350+ Elements Checklist.**

### **Step 1: Home Visit**

**The home visit identifies challenges that may need to be addressed before the official submittal for licensing.**

### **Step 2: Licensing**

**The Process has to be completed by a licensed administrator after the home visit has met all requirements..**

### **Step 3: Staffing**

**The Administrator runs the family care home for a 12 to 18 month contract to ensure everything works smoothly and replacements are trained well.**

# FAQ

## 01. How Can I Get Started Converting My Home?

Visit [TheElderCareExpert.com/startacarehome](https://TheElderCareExpert.com/startacarehome)

## 02. How Can I Become An Administrator?

Visit <https://www.administratorcourse.com/courselist>

## 03. How Can I Have A Family Care Home Built?

Visit [TheElderCareExpert.com/partners](https://TheElderCareExpert.com/partners)

## 04. How Can I View A Video With More Information?

Visit [TheElderCareExpert.com/homequalification](https://TheElderCareExpert.com/homequalification)

## 05. I Need Felton Wootens Elder Care Planner!

Visit [QualityOfLifeEldercare.com](https://QualityOfLifeEldercare.com)

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&  
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